

Vegetarian Delight

We reveal three mouth-watering dishes at one of the city's favourite Indian eateries – Kamat Restaurant.

► CHINESE CHOPSUEY

Get your dose of veggies by trying this Chinese dish packed with flavour. It's made using bean sprouts, cabbage and capsicum bound in a starch-based sauce and served with fried noodles. What's not to love?



◀ SWEET CORN SOUP

Begin your meal with this hearty soup made from cream style corn, vegetable stock, chopped fresh vegetables and seasoning. Simply delicious!



► IDLIES

These healthy rice cakes are made by steaming a batter consisting of fermented black lentils and rice. Enjoy these healthy treats with sambar and coconut chutney.



KAMAT[®]

The Love of a Vegetarian

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